

Spring Break

ESS MENU

Week 1

LUNCH 7

Chicken Corn Dog
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Carrot Sticks, Corn, Apple
String Cheese
Juice and Milk

SNACK

Cool Ranch Doritos
Fresh Fruit
Juice or Milk

LUNCH 8

Chicken Strips
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Garbanzo Beans, Raisins
String Cheese, Dinner Roll
Juice and Milk

SNACK

Cinnamon Goldfish Grahams
Fresh Fruit
Juice or Milk

LUNCH 9

Pepperoni Pizza Sandwich
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Cucumbers, Black Beans
Banana, Dinner Roll
Juice and Milk

SNACK

Cheeze-It's
Fresh Fruit
Juice or Milk

LUNCH 10

Mini Cheeseburger Sliders
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Pinto Beans, Diced Peaches
String Cheese, Dinner Roll
Juice and Milk

SNACK

Maple Sunrise Bites
Fresh Fruit
Juice or Milk

LUNCH 11

Bean & Cheese Burrito
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Carrot Sticks, Green Beans
String Cheese, Cranberries
Juice and Milk

SNACK

Pretzel Goldfish
Fresh Fruit
Juice or Milk

 4/10 SeaWorld Field Trip:
BAN, FLH, LMAAC, LMD

 4/11 SeaWorld Field Trip:
CDO, MUM, MUR

Week 2

LUNCH 14

Chicken Double Dogs
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Carrot Sticks, Corn, Apple
String Cheese, Dinner Roll
Juice and Milk

SNACK

Chewy Chocolate Granola Bar
Fresh Fruit
Juice or Milk

LUNCH 15

Turkey Taco Nada
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Garbanzo Beans, Raisins
String Cheese, Dinner Roll
Juice and Milk

SNACK

Cheddar Goldfish
Fresh Fruit
Juice or Milk

LUNCH 16


Cheese Breadsticks
(with Marinara Sauce)
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Cucumbers, Black Beans,
Banana, Juice and Milk

SNACK

Cinnamon Bug Bites
Fresh Fruit
Juice or Milk

SNACK 17

Cheeze Ritz Bitz
Fresh Fruit
Juice or Milk

 4/17 Nat. History Museum:
All ESS Sites

Closed 18

LUNCH 21

Chicken Taquitos
Yogurt w/ Vanilla Grahams
PB & J Uncrustable
Carrot Sticks, Corn, Apple
String Cheese
Juice and Milk

SNACK

Funyun Chips
Fresh Fruit
Juice or Milk

 4/16 Padres Field Trip:
LMAAC

*** School closed, ESS open ***
Lunch will ONLY be served at the
(7) HOST sites. Students at all other
sites must bring a lunch.