



# ESS SNACK MENU

# January

FLH · LEA · LOM · MAA · MUM · MUR · NOR · ROL · SWS · PKM

[Winter-Break]



1  
**ESS CLOSED**

2  
Cheddar Goldfish  
Milk or Juice  
Fresh Fruit

3  
Churro Crunch  
& Crave Crackers  
Milk or Juice  
Fresh Fruit



6  
**ESS CLOSED**

7  
Pretzel Goldfish  
Milk or Juice  
Fresh Fruit

8  
Jungle Crackers  
Milk or Juice  
Fresh Fruit

9  
Baked Tostitos Scoops  
Milk or Juice  
Fresh Fruit

10  
Granola  
Milk or Juice  
Fresh Fruit

13  
Cheetos Puffs  
Milk or Juice  
Fresh Fruit

14  
Cheddar Goldfish  
Milk or Juice  
Fresh Fruit

15  
Cinnamon Bear Grahams  
Milk or Juice  
Fresh Fruit

16  
Heartzels  
Milk or Juice  
Fresh Fruit

17  
Chocolate Tiger Bites  
Milk or Juice  
Fresh Fruit



20  
**ESS CLOSED**

21  
Cheez-Its  
Milk or Juice  
Fresh Fruit

22  
Kettle Corn Crunch  
Milk or Juice  
Fresh Fruit

23  
Sun Chips  
Milk or Juice  
Fresh Fruit

24  
Scooby Doo Grahams  
Milk or Juice  
Fresh Fruit

27  
Baked Funyuns Chips  
Milk or Juice  
Fresh Fruit

28  
Pretzel Goldfish  
Milk or Juice  
Fresh Fruit

29  
Jungle Crackers  
Milk or Juice  
Fresh Fruit

30  
Baked Tostitos Scoops  
Milk or Juice  
Fresh Fruit

31  
Granola  
Milk or Juice  
Fresh Fruit

Menu subject to change. This institution is an equal opportunity provider.