



EXTENDED STUDENT SERVICES

- Operates daily 6:00 AM - 6:00 PM at all 21 La Mesa-Spring Valley schools
- Hands-on and engaging learning experiences for all students
- Financial assistance is available for families that qualify

After School Homework Assistance

Homework and enrichment rotations
Monday-Thursday, grades 1st - 8th

ESSPN Sports League

Basketball, Flag Football, Kickball,
Skateboarding, and Volleyball

Expanded Learning Opportunities

Chess, Culinary, Esports, Financial Literacy,
Game Design, Hydroponics, Martial Arts,
and Robotics

Visual and Performing Arts

Ballet Folklórico, Hip-Hop Dance,
Improv, Sewing, and Theater

Beyond the Bell

TK - 5th Grade

Hang Time

6th - 8th Grade

2024 2025



For more info,
scan the QR code or visit:

lmsvschools.org/ess/

