

JANUARY

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<h2 style="font-size: 2em; margin: 0;">WINTER BREAK</h2>		
<p>ENTREES OFFERED DAILY: PB&J Uncrustable (WOWButter & Jelly at LMD, MUM, Sparrow), 4 oz Yogurt w. Grahams</p>				
<p>OFFERED DAILY: 100% Juice, NF Chocolate Milk, 1% White Milk</p>				
<p>6</p> <p style="text-align: center;">WINTER BREAK</p>	<p>7</p> <p>✓ Cheese French Bread Pizza Fresh Romaine Lettuce Cherry Tomatoes Fresh Orange Wedges Raisins</p>	<p>8</p> <p>Mandarin Orange Chicken ✓ Brown Rice Pizza Protein Bistro Box Mozzarella String Cheese Whole Wheat Dinner Roll Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Pears</p>	<p>9</p> <p>✓ Cheese Quesadilla Pizza Protein Bistro Box Mozzarella String Cheese Whole Wheat Dinner Roll Fresh Carrot Sticks Green Beans Fresh Romaine Lettuce Diced Apricot Cup</p> <p style="text-align: center;">National Apricot Day</p>	<p>10</p> <p>Crispy Chicken Sandwich Pizza Protein Bistro Box Mozzarella String Cheese Whole Wheat Dinner Roll Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries</p>
<p>13</p> <p>Italian Style Beef Meatballs in Marinara Sauce Texas Toast Turkey & Cheese Sub Mozzarella String Cheese Whole Wheat Dinner Roll Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple</p>	<p>14</p> <p>Brunch for Lunch ✓ Maple Waffles Chicken Sausage Patty Pizza Protein Bistro Box Whole Wheat Dinner Roll Fresh Romaine Lettuce Cherry Tomatoes Fresh Orange Wedges Raisins</p>	<p>15</p> <p>Cheesy Buffalo Chicken Pasta Pizza Protein Bistro Box Mozzarella String Cheese Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Pears</p>	<p>16</p> <p>All Beef Hot Dog Pizza Protein Bistro Box Mozzarella String Cheese Fresh Carrot Sticks Green Beans Fresh Romaine Lettuce Applesauce</p>	<p>17</p> <p>✓ Three Bean Vegetarian Chili Corn Bread Super Star Pizza Protein Bistro Box Whole Wheat Dinner Roll Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries Shredded Cheddar Cheese</p>
<p>20</p> 	<p>21</p> <p>Chicken Nuggets Pizza Protein Bistro Box Whole Wheat Dinner Roll Fresh Romaine Lettuce Cherry Tomatoes Fresh Orange Wedges Raisins</p>	<p>22</p> <p>Spaghetti with Beef Meat Sauce Turkey & Cheese Sub Mozzarella String Cheese Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Pears</p>	<p>23</p> <p>Beef Cheeseburger Pizza Protein Bistro Box Mozzarella String Cheese Fresh Carrot Sticks Green Beans Fresh Romaine Lettuce Assorted Fruit Cup</p>	<p>24</p> <p>Pizza Protein Bistro Box Oven Roasted Chicken Drumstick Texas Toast Mozzarella String Cheese Whole Wheat Dinner Roll Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries</p>
<p>27</p> <p>Build Your Own Taco Bowl Ground Beef Taco Meat or ✓ Vegetarian Lentil Crumbles ✓ in a Flour Tortilla Bowl Pizza Protein Bistro Box Shredded Cheddar Cheese Fresh Romaine Lettuce Black Beans Elote Corn Salad Fresh Apple</p>	<p>28</p> <p>✓ Cheese French Bread Pizza Turkey & Cheese Sub Whole Wheat Dinner Roll Fresh Romaine Lettuce Cherry Tomatoes Fresh Orange Wedges Raisins</p>	<p>29</p> <p>Mandarin Orange Chicken ✓ Brown Rice Pizza Protein Bistro Box Mozzarella String Cheese Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Pears WG Fortune Cookie Lunar New Year</p>	<p>30</p> <p>✓ Cheese Quesadilla Pizza Protein Bistro Box Mozzarella String Cheese Fresh Carrot Sticks Green Beans Fresh Romaine Lettuce Applesauce</p>	<p>31</p> <p>Crispy Chicken Sandwich Pizza Protein Bistro Box Mozzarella String Cheese Whole Wheat Dinner Roll Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries</p>

What Makes a Lunch

Select 3-5 Components

Milk

Grain

Fruit

Vegetables

Protein

One must be a

Fruit

AND/OR

Veggies

LUNCH PRICES:

Student Lunch Price: FREE

Adult Lunch Price: \$4.75

Individual Milk, Fruit, Veg and/or Juice: \$0.50 each*

Extra Pizza Slice: \$2.00 each

2nd Entree: \$1.50 each

*One Lunch Entree, one Milk, one Juice & all Fruits and Vegetables from our salad bar are FREE if taken as part of a complete lunch meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.

Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made