La Mesa-Spring **Schools**

December 2024

Wednesday

Elementary Lunch Menu

	Valley Scho
	Monday
2	FIZZA DAY: Avondale & Sparrow V Nacho Cheese Sauce V with Refried Beans and Tortilla Chips Pizza Protein Bistro Box Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple
9	*PIZZA DAY: Sparrow Academy Chicken Nuggets Pizza Protein Bistro Box Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple
16	*PIZZA DAY: Sparrow Academy V Nacho Cheese Sauce V with Refried Beans and Tortilla Chips Pizza Protein Bistro Box Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple
23	Winter

Tuesday *PIZZA DAY: Bancroft & Fletcher Hills Chicken Corn Dog Turkey Cheese Sub Fresh Jicama Sticks Fresh Romaine Lettuce Diced Pears Fresh Orange Wedges

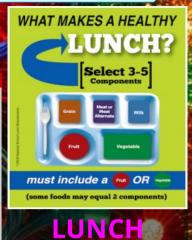
*PIZZA DAY: Casa De Oro & Murdock Teriyaki Beef & Broccoli with Brown Rice Pizza Protein Bistro Box **Cucumber Slices** Garbanzo Beans Fresh Romaine Lettuce Fresh Banana

*PIZZA DAY: Loma &

*PIZZA DAY: Rolando & **Sweetwater Springs** ♥ Bean Cheese Burrito Pizza Protein Bistro Box Fresh Carrot Sticks Fresh Romaine Lettuce Farmer Fruit: TBD Mixed Fruit Cocktail

Thursday

Roasted Chicken Drumstick Pizza Protein Bistro Box √with Texas Toast Pinto Beans Caesar Salad Fresh Celery Sticks Strawberries



√Easy Peasy Cheesy Breadsticks √with Marinara Sauce Pizza Protein Bistro Box Fresh Jicama Sticks Fresh Romaine Lettuce Diced Pears

Fresh Orange Wedges

*PIZZA DAY: La Presa

Elem & Maryland Ave

Murray Manor Mandarin Orange Chicken Wwith Brown Rice Pizza Protein Bistro Box **Cucumber Slices** Garbanzo Beans Fresh Romaine Lettuce Fresh Banana

*PIZZA DAY: La Mesa Dale & Lemon Ave Pepperoni Pasta Bake Turkey Cheese Sub Fresh Carrot Sticks Fresh Romaine Lettuce Farmer Fruit: TBD Mixed Fruit Cocktail

Beef Cheeseburger Pizza Protein Bistro Box Pinto Beans Caesar Salad Fresh Celery Sticks

Strawberries

PRICES: Student Lunch Price: FREE

17 *PIZZA DAY: Highlands & Rancho 19 *PIZZA DAY: Avondale & Sparrow 18 *PIZZA DAY: Kempton & Northmont 20 'nу Sparrow Chicken Corn Dog Turkey Cheese Sub Fresh Jicama Sticks se Sauce Teriyaki Beef & Broccoli ♥ Bean Cheese Burrito with Brown Rice Pizza Protein Bistro Box d Beans Pizza Protein Bistro Box Fresh Carrot Sticks Chips Fresh Romaine Lettuce Bistro Box Christmas Tree Cookie Fresh Romaine Lettuce Diced Pears Cucumber Slices Farmer Fruit: TBD Sticks Fresh Orange Wedges Garbanzo Beans Mixed Fruit Cocktail

Fresh Romaine Lettuce

Fresh Banana

Adult Lunch Price: \$4.75 Individual Milk, Fruit, Veg and/or luice: \$0.50 each* Extra Pizza Slice: \$2.00 each

2nd Entree: \$1.50 each

*One Lunch Entree, one Milk, one Juice & all Fruits and Vegetables from our salad bar are FREE if taken as part of a complete lunch meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.

Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @

www.schoolcafe.com

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