

OFFERED DAILY: Assorted Cereal, Assorted 100% Juice, Non Fat or 1% Low Fat White Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 ✓ French Toast Sticks ✓ Yogurt Parfait Fresh Apple	3 ✓ Whole Grain Bagel ✓ with Cream Cheese ✓ Berry Awesome Smoothie or ✓ Super Strawberry Smoothie Fresh Apple Diced Pears	4 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana	5 ✓ Honey Bun ✓ Green Grinch Smoothie Mixed Fruit Cocktail	6 ✓ Cinnamon Streusel Cowgirl Bread ✓ Maple Brown Sugar Oatmeal Strawberries
9 ✓ French Toast Sticks ✓ Yogurt Parfait Fresh Apple	10 ✓ Whole Grain Bagel ✓ with Cream Cheese ✓ Berry Awesome Smoothie or ✓ Super Strawberry Smoothie Fresh Apple Diced Pears	11 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana	12 ✓ Honey Bun ✓ Green Grinch Smoothie Mixed Fruit Cocktail	13 ✓ Cinnamon Streusel Cowgirl Bread ✓ Maple Brown Sugar Oatmeal Strawberries
16 ✓ French Toast Sticks ✓ Yogurt Parfait Fresh Apple	17 ✓ Whole Grain Bagel ✓ with Cream Cheese ✓ Berry Awesome Smoothie or ✓ Super Strawberry Smoothie Fresh Apple Diced Pears	18 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana	19 ✓ Honey Bun ✓ Green Grinch Smoothie Mixed Fruit Cocktail	20  WINTER BREAK NO SCHOOL!
23  WINTER BREAK NO SCHOOL!	24  WINTER BREAK NO SCHOOL!	25  WINTER BREAK NO SCHOOL!	26  WINTER BREAK NO SCHOOL!	27  WINTER BREAK NO SCHOOL!
30  WINTER BREAK NO SCHOOL!	31  WINTER BREAK NO SCHOOL!	<h3>Join Our Team!</h3> <p>Looking for a part-time or on-call job that allows you to be home when your family needs you there? Join our team in a school cafeteria. Please call 619-668-5764 for more information! To apply for a substitute position CLICK HERE</p> 		

BREAKFAST PRICES:
Student Breakfast

Price: FREE
 Adult Breakfast Price: \$2.75
 Individual Milk, Fruit and/or Juice: \$0.50 each
 2nd Entree: \$1.00 each
 *One Breakfast Entree, one Milk, one Juice & all fruit from our salad bar are FREE if taken as part of a complete breakfast meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.
 Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @ www.schoolcafe.com

What Makes A Healthy Breakfast?

Grain, Fruit, Milk, Meat or Meat Alternative, Vegetable

Choose at least 3 Food Items must include a Fruit OR Vegetable (some foods may equal 2 items)