La Mesa-Spring Valley Schools

December 2024

OFFERED DAILY: Assorted Cereal. Assorted 100% Juice. Non Fat or 1% Low Fat White Mil

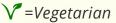
Elementary Breakfast Menu BREAKFAST

PRICES:

(some foods may equal 2 items)

	Manday		Cereal, Assortea 100% juice, Non Fat		Fuider	Student Breakfast
2	Monday V French Toast Sticks V Yogurt Parfait Fresh Apple	Tuesday 3 VWhole Grain Bagel Vwith Cream Cheese VBerry Awesome Smoothie or Or VSuper Strawberry Smoothie Fresh Apple Diced Pears Diced Pears	Wednesday 4 V Chocolate Chip Scone V Cinnamon Overnight Oats Fresh Banana	Thursday 5 V Honey Bun V Green Grinch Smoothie Mixed Fruit Cocktail	Friday 6 VCinnamon Streusel Cowgirl Bread VMaple Brown Sugar Oatmeal Strawberries	Price: FREE Adult Breakfast Price: \$2.75 Individual Milk,Fruit and/or Juice: \$0.50 each 2nd Entree: \$1.00 each
9	∛ French Toast Sticks ∛ Yogurt Parfait Fresh Apple	10 V [™] Whole Grain Bagel V [™] with Cream Cheese V [™] Berry Awesome Smoothie or V [™] Super Strawberry Smoothie Fresh Apple Diced Pears	11 V Chocolate Chip Scone V Cinnamon Overnight Oats Fresh Banana	12	13 V [°] Cinnamon Streusel Cowgirl Bread V [°] Maple Brown Sugar Oatmeal Strawberries	*One Breakfast Entree, one Milk, one Juice & all fruit from our salad bar are FREE if taken as part of a complete breakfast meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.
1	[™] French Toast Sticks ™ Yogurt Parfait Fresh Apple	17 ∀Whole Grain Bagel ∀with Cream Cheese ∀Berry Awesome Smoothie or ∀Super Strawberry Smoothie Fresh Apple Diced Pears	18 ^V Chocolate Chip Scone V Cinnamon Overnight Oats Fresh Banana	19 ^イ Honey Bun イ Green Grinch Smoothie Mixed Fruit Cocktail	20 WINTER BREAK NO SCHOOL!	Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @ www.schoolcafe.com
2	WINTER BREAK NO SCHOOL!	24 WINTER BREAK NO SCHOOL!	25 WINTER BREAK NO SCHOOL!	WINTER BREAK NO SCHOOL!	27 WINTER BREAK NO SCHOOL!	What Makes A Healthy Breakfast?
3	WINTER BREAK NO SCHOOL!	WINTER BREAK NO SCHOOL!	Looking for a part-time of when your family needs cafeteria. Please call	n Our Team! r on-call job that allows you you there? Join our team in 619-668-5764 for more infor ubstitute position CLICK HER	a school $\leq \sum_{CHOOL}$	Heil of Wegetable Vegetable Choose at least 3 Food Items must include a Prot or wyear

Menu Subject to Change without Notice.



This institution is an equal opportunity provider.